# EAGLE EXPRESS

Phone: 413 423-3326

Internet - http://www.erving.com



Wednesday, October 7
FAIR Storytelling Night 6:00-7:30
Free Dinner starts at 5:15

Monday, October 12 Columbus Day- No School

Tuesday, October 13 PTO Meeting 6:15-8:00

Wednesday, October 14
FAIR Storytelling Night 6:00-7:30
Free Dinner starts at 5:15

Tuesday, October 20
School Council Meeting 3:15
School Committee Meeting 7:00

Wednesday, October 21
Open House 6:30

Friday, October 23
Curriculum Day- No School

Wednesday, October 28
FAIR Storytelling Night 6:00-7:30
Free Dinner starts at 5:15

Friday, October 30
PTO Halloween Social 6:00-7:30

## Survey

During our Open House on October 21<sup>st</sup> there will be a table set up with a survey to fill out about our school. We would like to ask you to take just a few moments of your time to fill this survey out for input about our school.

### **Breakfast and Lunch Accounts**

The Community Eligibility Provisions (CEP) program, financed through the U.S Department of Education for free lunch and breakfast for all EES students has **not** yet started. We are asking parents/guardians to please keep your breakfast and lunch account up to date. Over the coming weeks we will be sending you more information about this program and when it will become available to EES students.



## **FAIR Storytelling Night**

There are still **five** chances to attend "Family Adventures in Reading". This series of special events with renowned storyteller Mary Jo Maichack is particularly for 1<sup>st</sup> through 4<sup>th</sup> grades but all are welcome. A free family-friendly supper is included. Please see the attached flyer for more information.

# **Upcoming PTO Event**

Halloween Social

Friday, October 30th

Please keep a look out for the flyer later in the month.



### News From the Principal's Desk

Dear Families and Friends of Erving Elementary School,

We had a great turnout on Wednesday evening for the first of 6 "Family Adventures In Reading" nights. Over 40 people turned out, as storyteller Mary Jo. Maichack led a series of songs, acting, and, stories from around the world. People were treated to a 'Free Family Dinner' courtesy of our PTO. Next Wednesday it is my turn to provide the meal! Maybe some traditional bangers and mash, or will it be fish and chips??? Why not come along and share community with all of us. I hope to serve you beginning at 5:15pm in the cafeteria, followed by our storyteller at 6pm. Each family receives two picture books to take home and read with their children.

The Erving Elementary School School Council will meet on October 20, at 3:15pm. The committee consists of teachers, staff, parents, and the principal. There are four major areas of responsibility for Councils. They are to assist principals in:

- 1 Adopting educational goals for the school that are consistent with local educational policies and statewide student performance standards
- 2 Identifying the educational needs of students attending the school
- 3 Reviewing the annual school building budget
- 4 Formulating a school improvement plan

Over the course of a school year, School Council members discuss ways in which our school can focus attention on particular aspects around the 'Conditions for School Effectiveness'. With this purpose in mind, the School Council has developed a School Improvement Plan that incorporates areas of literacy, math, and collaborative partnerships between school, families and community agencies. The following points are taken from the School Improvement Plan for the coming three-year cycle (2015-2018): which can be viewed on our website: <a href="https://www.erving.com">www.erving.com</a>. Our office will be pleased to provide you with a hard copy of the plan if you would like to stop by the school.

**Area for Improvement:** Collaborative Partnerships - (X – Conditions for School Effectiveness)

**Core Value:** We believe a strong commitment and shared responsibility between family, community, and school is essential to student learning.

**Goal:** To increase frequency and various forms of communication between school, parents, and community agencies.

**Expected Outcome:** Stronger relationships between school, families, and community partners will contribute to an increase in student learning and their social, emotional and physical well-being.

Area for Improvement: Curriculum

Core Value: We believe that all students will be successful when provided high quality, coherent instruction, designed with measurable, accessible outcomes and challenging tasks requiring higher-order thinking skills.

**Goal:** Erving Elementary School educators will produce a Literacy Action Plan to drive curriculum, instruction, assessment and professional development.

**Expected Outcome:** All students will have equitable access to a high level learning in literacy that results in an increase in student achievement.

Should you have any questions about our educational goals for our students, and community, please stop by the office, or send me an email at <u>trill@erving.com</u>.

I hope to see you at the Erving Fall Festival on Saturday. Have a wonderful fall weekend.

Sincerely,

Jim Trill

# 6<sup>th</sup> Grade Spends Epic Week at Nature's Classroom



6<sup>th</sup> Graders braved the elements, braved their fears, and braved the smells of wet and dirty sneakers. A week-long trip to Sargent Center, in Hancock, NH brought students out of their comfort zones, and away from loved ones at home, to learn fascinating information about science, social studies, physical education, and social and emotional growth. Students studied trees and plant life, living like pioneers, and aquatic bug life. They also climbed a three-story tower and ziplined 200 feet. Their minds and bodies grew through hands-on learning experiences. Another truly amazing experience that Erving Elementary School offers its students!

## Student Thoughts on Nature's Classroom:

"Nature's Classroom was special to me because I did things that I did not know that I could do. I did not think that I could make it to the top of the rock wall, but I did!" ~ Arianna

"The best part of Nature's Classroom was getting to have the time to go into the woods and explore and meet new people and also getting to have fun with my friends." ~ Amanda

"Nature's Classroom was so much fun. I had a great time hanging out with old friends and making new ones. I enjoyed nature in a new perspective. I had a wonderful week and will never forget it." "Sydney

"What made Nature's Classroom special for me was getting to spend time with my classmates at Sargent Center and meeting new friends." — Emily

"Nature's Classroom was fun to me for the five minute fact because it tells awesome facts like tuna fish can swim up to 75 miles per hour! That's very fast!" ~ Bryce

"I thought it was special because I got to hang out with friends and have a lot of fun. This is an experience you can't get anywhere else. I will never forget this amazing trip!" "Kiley

"Nature's Classroom was amazing! What made it special for me was the climbing wall." ~ Gracie

"Nature's Classroom was great. They had really good food and I enjoyed the walks. I also enjoyed learning about nature." "Brandon

"Nature's Classroom was fun!" ~ Vincent

"At Sargent Center, they made me think differently. I did things that I never thought I could do. I had the best outdoor adventures!" 

Dylan

"Nature's Classroom was a good time for learning about nature with my friends." ~ Nick

"Nature's Classroom lets you be yourself. You can learn about the outdoors and learn survival skills. I love it there and want to go back!" ~ Liz

"Nature's Classroom was very important to me. We got to learn a lot about the outdoors. I would do almost anything to have an experience like that again." ~ Jasmine

"Nature's Classroom was amazing for me because I was with my friends for the whole week." ~ Blake

"I got to learn more about my friends and share more ideas. Rope climbing was amazing." ~ Naomi

"What was important to me was when I went to Nature's Classroom, I made new friends and became closer with my other friends." ~ Dezirae

"What made Nature's Classroom special to me was the teamwork and laughter I had with my friends." ~ Greyson

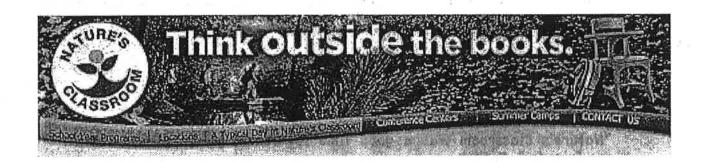
"I liked Nature's Classroom because we got to spend time with our friends." ~ Will

"I liked Nature's Classroom because I met a lot of new friends while I was there. I also got to learn a lot about the wilderness." ~ Reid

"I liked Nature's Classroom because it was like a mini-vacation with all of my friends. It was like a huge sleepover. I got to learn about what you can and can't eat in the wilderness, too." ~ Skye

"When I heard about Nature's Classroom, I thought it would be about getting outdoors. When I left, I realized it was about that and also getting to know new people and pushing yourself to the limits."

Katelynn



# ERVING RECREATION COMMISSION

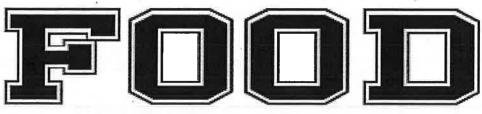
# FALL FESTIV

OCTOBER3rd 10AM-4PM

(raindate October 4th)

baked

balloon art



Rock Climbing Wall

hate wraps

Vets Field • Moore St.

more fun than we can fit on one page!

NOT A SCHOOL SPONSORED EVENT

# October – Lunch - 2015

Alternate	Monday	Tuesday	Wednesday	Thursday	Friday	Salad Bowl
Peanut butter & jelly sandwich, three bean salad, assorted veggies, fruit & milk	ā			Oct 1 Chicken parm w/ww pasta, broccoli, sliced peaches & milk	Oct 2 Pancakes, syrup, turkey sausage, oven potato, fresh apple & milk	Salad bowl w/hard cooked egg, red kidney beans & assorted veggies
Ham & cheese sandwich, black bean & corn salad, assorted veggies, fruit & milk	WW pasta w/meat sauce, green beans, sliced peaches & milk	Turkey & cheese sandwich on wg bread, tomato soup, fruit cocktail & milk	Baked potato w/cheese sauce, broccoli, ww bread, fruit cocktail & milk	Chicken filet, brown rice, sliced carrots applesauce & milk	Hamb/cheeseburger on wg roll w/lettuce & pickles, oven potato, pears & milk	Asian chicken salad, cukes, chick peas, dinner roll & sesame seed dressing.
Chicken salad sandwich, assorted veggies, hummus, fruit & milk	Columbus Day No School	Toasted cheese sandwich, oven potato, carrots & red peppers w/hummus, fresh apple & milk	Chicken & gravy over potato, waxed beans, wg roll w/butter, sliced pears & milk	15 All beef hot dog on a wg roll, baked beans, melon & milk	Meatballs in gravy over noodles, peas, peaches & milk	Southwest salad w/tomatoes, black beans, corn & salsa
Toasted cheese sandwich, black bean & corn salad, fruit & milk	Chicken nuggets, rice, black bean & corn salad, mandarin oranges & milk	20 Ham & cheese bagel melts, celery & carrot sticks w/dip, banana & milk	Beef faco on ww soft totilla w/salsa, lettuce & cheese, black bean & corn salad, mandarin oranges & milk	Seasoned boneless chicken, mashed potato, dinner roll, peas, apple & milk	23 Curiculum Day	Teriyaki chicken salad w/celery, black beans, cucumber & tomato
Sun butter & jelly sandwich, three bean salad, fruit & milk	26 Teriyaki chicken, brown rice, broccoli, pears & milk	Meatball sub w/cheese, steamed green beans, peaches & milk	Chicken fajita, lettuce, salsa, cheese, sour cream, com, pineapple & milk	29 Cheese lasagna, sliced carrots, melon & milk	30 English muffin pizza w/cheese, three bean salad, fresh apple & milk	Taco salad w/cucumbers, peppers, kidney beans, tomatoes & salsa

ranch or Italian dressing. Substitutions may be made when certain veggies are not available. All salads are made w/Romaine lettuce, baby carrots & served w a wg roll or ww Meals are served with fresh or canned fruit & a carton of milk. Water is available during meal times, but must be taken in addition to milk. Salad bar may consist of cucumber, peppers & or broccoli, black olives, croutons, black beans, kidney beans or chick peas, shredded cheese or chunks, bread and a protein such as yogurt, cheese, hard cooked egg and or meat. All meals are subject to change without notice.

Lunch daily \$2.30 Weekly \$11.50 2 Weeks \$23.00

Weekly \$2.00

\$ .40

Reduced

2 Weeks \$4.00

1 Month \$46.00

\$4.00 1 Month

1 Month \$8.00

Ask about the Free/Reduced Lunch & Breakfast program, you may qualify and not know it. Any questions please call the Food Service Department for details @ (413) 423-3326 ext. 232

# October – Breakfast - 2015

Friday	Scrambled eggs w/buttered toast, fruit & milk	9 Strawberry smoothie, buttered toast, fruit & milk	16 Blueberry smoothie, gold fish graham crackers, fruit & milk	23 Curriculum Day	30 Strawberry banana smoothie, waffle sticks, fruit & milk
Thursday	1 Buttered toast w/jelly cheese stick, fruit & milk	8 Scrambled eggs, buttered toast, fruit & milk	15 Cinnamon toast, cheese stick, fruit & milk	22 Egg & cheese burrito w/salsa, fruit & milk	29 Toast w/jelly, cheese stick, fruit & milk
Wednesday		7 Pancakes, turkey bacon, warm syrup, fruit & milk	14 French toast sticks, syrup, turkey sausage, fruit & milk	21 Pancakes, syrup, turkey bacon, fruit & milk	28 French toast, syrup, turkey sausage, fruit & milk
Tuesday		6 Bagel w/cream cheese, fruit & milk	13 Assorted cereal, yogurt, fruit & milk	21 Fresh fruit, yogurt, buttered toast & milk	27 Bagel w/cream cheese, fruit & milk
Monday		Assorted cereal, cheese stick, fruit & milk	Columbus Day No School	19 Assorted cereal, cheese stick, fruit & milk	26 Assorted cereal, yogurt, fruit & milk
Alternate	Tues – Fri Assorted cereal w/cheese or yogurt, fruit & milk			÷	

Breakfast is served w/a choice of 1% White or Fat Free milk & water is available during meal times, but must be taken in addition to milk

Breakfast daily \$1.00

Reduced breakfast daily \$ .30

Research shows that children who eat breakfast have higher achievement scores, lower rates of absence & tardiness and increased concentration in the classroom.

# What counts as breakfast?

Breakfast that include foods from several food groups provide the most benefit to children, both educationally and physically. Ideally, you want to make a balanced breakfast that consists of protein, fat & carbohydrate. That will prevent drops in blood sugar for several hours, whereas a breakfast of just carbohydrates will sustain a child for only one to two hours.



# News from Laini the Library Lion

There are still <u>FIVE</u> chances to attend FAMILY ADVENTURES IN READING [also known as FAIR]

this series of family reading nights with renowned story-teller Mary Jo Maichak, is especially for 1<sup>st</sup>-4<sup>th</sup> graders & their families

the program runs from 6:00-7:30 pm in the EES Library Well (a snack is included)

but before the program starts, a FREE familyfriendly dinner will be served in the school cafeteria beginning at 5:15 pm

Upcoming FAIR dates are Wednesdays, October 7, 14 & 28 November 4 & 18



# More news from Laini the Library Lion

BOOK FAIR coming soon
to the EES Library
October 20-22, including the evening of
OPEN HOUSE-Oct. 23!
watch for more info coming home soon with your child