

# EAGLE EXPRESS

Phone: 413 423-3326

Internet – <http://www.erving.com>

## January

**Saturday, January 30**  
PTO \$5.00 Movie 9:30am

## Upcoming in February

**Tuesday, February 9**  
PTO Meeting 6:15

**Monday, February 15-19**  
Winter Break No School

**Monday, February 22**  
End of 2<sup>nd</sup> Trimester

**Thursday, February 25**  
All School Sing 2:30

## Reminder From the Cafeteria

During the days that we have inclement weather and there is a 2 hour delay, the cafeteria will not serve breakfast.

## Mark Your Calendars!

### Dr. Seuss Green Eggs & Ham Brunch and Birthday Party!

Sunday, March 6<sup>th</sup> at the  
Erving Senior/Community Center.  
Brunch is at 10:30-11:30 am and a donation is  
requested; the party begins at 11:30 and is  
free, with a puppet show and birthday cake,  
ending at 1 pm.



## News From Afterschool

It's been a busy week with guest cook Rita Dubay, foaming snowmen, a winter Scavenger Hunt and much more!

Check out these awesome upcoming activities:

**Monday, 2/1:** "On the Menu" Cooking Class: Non-Dairy Pineapple Milkshake  
**Tuesday, 2/2:** Group Activity: Box Robot Competition  
**Wednesday, 2/3:** Movie: "Inside Out"  
**Thursday, 2/4:** Ice Tower Excavation  
**Friday, 2/5:** Make Your Own Yarn Bowl

### Looking ahead....

**Monday, 2/8:** "On the Menu" Cooking Class: 3-Ingredient Gum Drops  
**Tuesday, 2/9:** Make Your Own Safe Glowing Water  
**Wednesday, 2/10:** Relay Race / Construction Project  
**Thursday, 2/11:** Make Your Own Valentine's Day Cards  
**Friday, 2/13:** Hi-Five Valentine Project

Drop-ins are always welcome--send your child to After School today!

## Before School Program Starting February 3<sup>rd</sup>

Erving Elementary School's new Before School program is starting this upcoming Wednesday (Feb. 3<sup>rd</sup>) at 7:30 am. The Before School program will run from 7:30-8:35 am on Wednesdays and Fridays.

Registration packets were sent home earlier this week. Please return your completed Registration Form to the front office by Tuesday, February 2<sup>nd</sup>.

Have any questions? Please contact Stephanie Mitchell, After School Director, at [mitchell@erving.com](mailto:mitchell@erving.com)

# News from the Principal's Desk

*Dear Families and Friends of Erving Elementary School,*

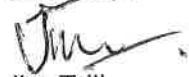
I am blessed with four wonderful children (2 boys and 2 girls), who are now venturing out into the world to begin their own families. Life is so very wonderful. I am also blessed with 140 other children, all similarly wonderful, exciting, respectful and fun to be around. I love the interaction between everybody at home and at school, especially the many ways we share our stories and daily happenings. When I think back, I recall as a dad, coming home and asking my children "how was your day?" to which the common response was 'huh! suppose it was ok'. The usual follow up question of "well what did you do then?" was followed by a quick "not much!" It often felt like I was trying to get blood out of a stone. I wonder if it is a similar response for most of our parents and guardians today? If so, I have included a list of easy conversation starters to use with children. I would like to think that the questions would spark some interesting and valued dialogue for you and your child. It could turn into a great game, picking a question each day and finding the many ways to communicate either on the way home, or while venturing out together. Let me know how they work. The questions will also stretch the imagination and conversational skills of our children.

Well as you know by now, Bill and his team of warriors did a great job reaching the AFC Championship game, only to be tripped up at the last yard. If you are looking for an alternative football game to the Superbowl, then let me direct you to a massive football game playing in England on Sunday February 7<sup>th</sup>! Chelsea takes on Manchester United in a Premier League clash of giants. I know some students and their families will be glued to the set watching this battle of the giants. ☺ Maybe some of the skills they see during the game will be played out on the Erving playing fields this coming spring, when the Challenger Soccer program comes to town, courtesy of the Erving Recreation Department. Stay tuned for more news.

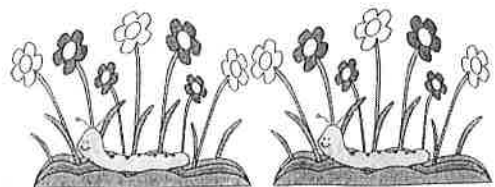
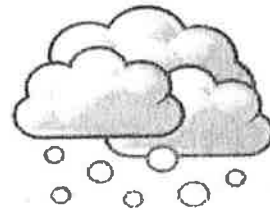
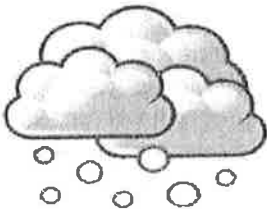
Can you believe 51 degrees on Monday! What is going on with the weather? When you see that groundhog on February 2<sup>nd</sup>, make sure you ask him some serious questions!

Take care and see you next week.

Sincerely,



Jim Trill  
Principal



# Easy Conversation Starters To Use With Children!



1. How did you help a friend?

2. How did you help your teacher?

3. What games did you play at recess?

4. Who did you play with at recess?

5. What was something that made you laugh?

6. What did you enjoy eating today?

7. What did you write about today?

8. What did you work on in Art?

9. What game did you learn in P.E.?



10. Tell me about the best book that your teacher read today.

11. What books did you read today?

12. Tell me something that you did well.

13. Who did you work with in class?

14. Who did you sit by at lunch today?



15. Who would you sit by in class if you had your choice?

16. What would your teacher tell me about your work today?

17. What would your teacher tell me about your behavior today?



18. Tell me something new that you learned today.

19. Who did a wonderful job in class?

20. *How did you help* in class?

21. Tell me something nice you said to someone today.

22. Where is your favorite place to be at school?

23. Which jobs did you do in class today?

24. What is something we need to work on tonight?

25. Which other teachers did you see today?

26. What is something that you are looking forward to tomorrow?

27. What is something you could do even better tomorrow?



28. Tell about two things you did to reach your learning goals.



29. What is something nice that someone said to you today?

30. What was your favorite thing about today?



# first Grader Writing

I think my family should let me get a puppy. I will walk my puppy in the yard. I will play fetch and run with my puppy. This will give me exercise. I will do all the chores to help the dog. I will feed and give him water. Then he will go to bed. Then he will have breakfast. After breakfast, he will take a bath and I will help him. I will pick up potty work then clip his nails and get gates and all the supplies we need. I will have two poop bags, two collars, leashes, and brushes. These are the reasons why they should let me have a puppy. - Leeanna

I think we should have school all year long. I want more time with Mr. Rubin. I like Mr. Rubin. I get to hang out with Mr. Rubin when I am at school. When we went to school in the summer we would get to learn more. If I had school in the summer, then I can have more time with Mr. Rubin. I like learning with my teachers and my friends. We can learn more about persuasive writing. These are the reasons why I do not want summer vacation. -Derek

I think it is a good idea for me to have a rabbit and two guinea pigs. Grown ups don't need to take care of them. I would do all the work. If I had these pets, I would feed them every morning. I could clean their cages. They will be named Rose, Blue Jay, and Black Guinea. We could learn about them. I should have these pets because I am a great helper. -Alexis

I think we should have rest time in school so kids don't have to do all of their work at once so they can take a break. You can rest your brain and body. You could do more learning. Make sure you don't fall asleep and don't put on sleepy music. Don't put on rocking music but don't put on sleepy music either. Do you know what I mean? I think we should have something to rest on like mats. We shouldn't put them too close together. That is what I think about rest at school. -Shylah

I think our school should have a doll area. It will be fun for me. I would learn how to take care of a baby. If I read to a doll, I would have good practice reading. It will make kids feel good. I would dress it and bring it with me. While I am working, my doll will be sitting next to me. That is why I think we should have dolls in school. -Kristen

I think we should have afternoon snack every day at school. Some people get hungry. Do you get hungry? You should bring a healthy sandwich to eat. I like sandwiches. We can have it before afternoon meeting. Then we won't miss anything. It gives a break to my friends. Then my friends won't be hungry when they get home. That's the reason we should have afternoon snack. -Lorelai

We should have a class pet in first grade. I would have a chameleon. They are fun animals to look at and they can turn different colors. Grown ups would not have to clean the tank. Kids will do it! Kids will do a lot of work to take care of our chameleon. This would be good for our learning. I want to get a chameleon as a class pet. -Nolyn

I think I should have a later bedtime. Then I can have a movie night. If I had a later bedtime at 9:00 o'clock, then we could play games. With a later bedtime I could practice my math and that will be good for my learning. That's why I want a later bedtime. - Brayden

Can you believe these are pieces from our first graders? They continue to surprise me every day. Amazing.

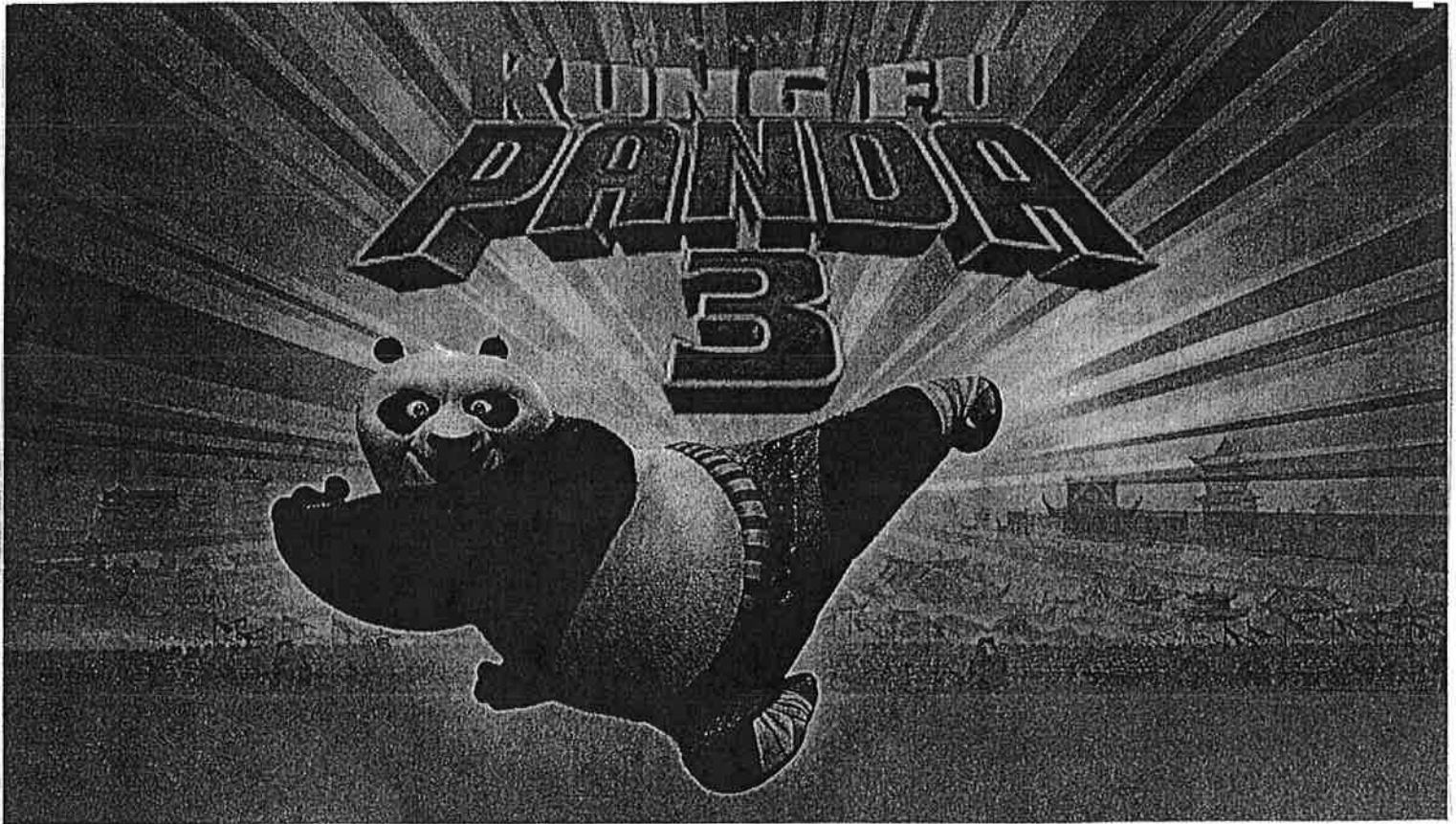




# **PTO MOVIE NIGHT**

**Saturday January 30<sup>th</sup> at 9:30am**

**\$5.00**



**9:30 am at the Greenfield Garden Theater  
361 Main St. Greenfield, MA**

# February - Breakfast 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
Mon-Fri assorted cereal w/fruit of the day & milk	1 French toast bagel w/cream cheese, fruit of the day & milk	2 Pancakes, syrup, turkey bacon, fruit of the day & milk	3 Breakfast muffin, cheese stick, fruit of the day & milk	4 Egg & cheese muffin, fruit of the day & milk	5 Blueberry smoothie w/ gold fish graham, fruit of the day & milk
	8 English muffin w/sun butter, fruit of the day & milk	9 French toast, syrup, turkey sausage, fruit of the day & milk	10 Blueberry bagel w/cream cheese, fruit of the day & milk	11 Egg & cheese burrito w/ salsa, fruit of the day & milk	12 Strawberry smoothie w/ buttered toast, fruit of the day & milk
	15 Winter Recess	16 Winter Recess	17 Winter Recess	18 Winter Recess	19 Winter Recess
	22 French toast bagel w/cream cheese, fruit of the day & milk	23 Pancakes, syrup, turkey bacon, fruit of the day & milk	24 English muffin w/peanut butter, fruit of the day & milk	25 Scrambled eggs w/buttered toast, fruit of the day & milk	26 BlueStrawberry smoothie, graham crackers, fruit of the day & milk
	29 English muffin w/jelly, cheese stick, fruit of the day & milk				

Breakfast is served with a choice of 1% or skim milk. Water is available during meal times, but must be taken in addition to the milk.

According to the Food Research and Action Center students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness. Students who eat breakfast also show greater improvements in math scores, attendance, punctuality, depression, anxiety and hyperactivity than children who don't participate in a school breakfast program.

# February - Lunch 2016

Alternative	Monday	Tuesday	Wednesday	Thursday	Friday	Salad Bowl
Chicken salad on ciabatta bread, w/fruit & veg of the day & milk	1 Teriyaki chicken, w/rice, steamed broccoli & carrots, fresh apple & milk	2 Tri color nacho's w/beef, sour cream, salsa, corn & black bean salad, pineapple & milk	3 Hamburger/cheese, sweet potato fries, banana & milk	4 Chicken & gravy over mashed potato, green beans, diced peaches & milk	5 Choice of cheese, pepperoni or veggie pizza, wax beans, mandarin oranges & milk	Apple & cheddar salad served w/chick peas, veg & fruit of the day & milk
Toasted cheese or sun butter & jelly served w/veg & fruit of the day & milk	8 Baked potato w/cheese, farmers garden salad, cantaloupe & milk	9 Pasta & meat sauce, three bean salad, mandarin oranges & milk	10 Seasoned chicken, brown rice, carrots, diced pears & milk	11 Chicken nuggets, brown rice, steamed peas, applesauce & milk	12 Choice of cheese, pepperoni or veggie pizza, green beans, peaches & milk	Teriyaki chicken salad w/black beans, veg & fruit of the day & milk
	15 Winter recess	16 Winter recess	17 Winter recess	18 Winter recess	19 Winter recess	
Ham & cheese or sun butter & jelly served w/veg & fruit of the day & milk	22 Soft chicken taco w/salsa & cheese, shredded lettuce, Seasoned broc, diced peaches & milk	23 All beef hot dog on wg roll, baked beans, fruit cocktail & milk	24 Turkey & gravy, mashed sweet potato, wg breadstick, fresh apple & milk	25 Chicken patty on wg roll, black bean & corn salad, banana & milk	26 Choice of cheese, pepperoni or veggie pizza, cauliflower, pineapple & milk	Chicken bacon ranch w/kidney beans, veg & fruit of the day & milk
	29 Chicken fajita, salsa, lettuce, shredded cheese, sour cream, steamed broccoli, fruit cocktail & milk					

All sandwiches are made using whole grain bread, salad is served with a whole grain breadstick & whole grain croutons. Each meal is served with a choice of 1% white, skim, 1% choc or fat free strawberry milk. Water is available during meal, but must be taken in addition to milk. All meals are subject to change without notice. All salads are served with a protein such as yogurt, meat/meat alternative, cheese or egg. Salad is made with romaine lettuce.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Mon-Fri a sun butter & jelly sandwich will be available in addition to the regular menu



## **FYI from Ms. Urban in the Library**

**This is a great opportunity to go to the Eric Carle Museum for free,  
plus you get a FREE book!**

**Saturday, February 6, 2016 at 10:00 am - 4:00 pm  
all day long will be story-times and other activities ,  
plus a free book, thanks to Disney Publishing Worldwide & First book.**



### **First Book Friendiversary!**

The Eric Carle Museum has teamed up with friends from First Book to observe their *Friendiversary*, an annual celebration of friendship and reading. So bring a friend and join us as we celebrate books with Elephant, Piggie and a host of other Museum friends – You will receive a FREE Mo Willems book for every child who attends! To learn more about First Book, visit [www.firstbook.org](http://www.firstbook.org).

The Eric Carle Museum is at 125 West Bay Rd., Amherst, MA  
413-658-1100      [www.carlemuseum.org](http://www.carlemuseum.org)

this is not a school-sponsored event--but highly recommended!



# Erving Elementary School Preschool Registration

Erving Elementary School is beginning to register preschoolers for the 2016-2017 school year.

If you have a child who will be either 3 or 4 years old by September 1, 2016 and you live in the town of Erving, he/she is eligible to attend preschool at Erving Elementary School.

Please call the school at (413) 423-3326 to have a registration packet sent to you.

Families that currently have a child attending preschool at Erving Elementary School are automatically enrolled for next year and a registration packet will be sent home at the beginning of February.

All registration packets need to be returned by March 4, 2016.

If your child is preschool eligible but will not be attending Erving Elementary School, please call the school and let us know.

If you have any questions, please email Mackensey Bailey, Early Childhood Coordinator, at [bailey@erving.com](mailto:bailey@erving.com)

# The Erving Recreation Commission

— *presents* —



# MOVIE NIGHT

First Friday's of the month

Feb 5, March 4, April 1 @ 6:30 pm

Erving Recreation Center, 18 Pleasant Street

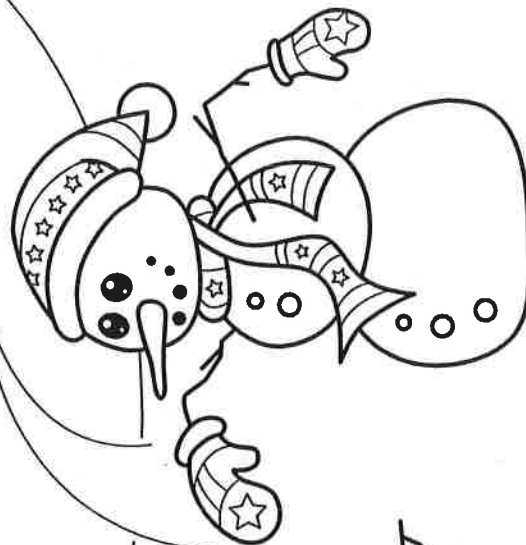
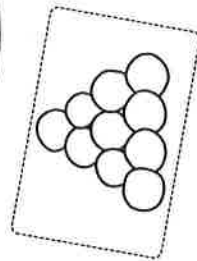
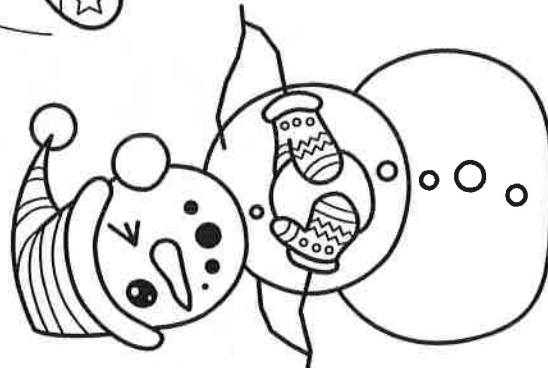
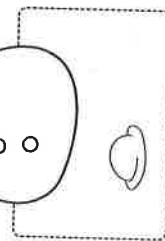
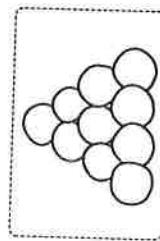
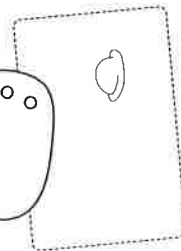
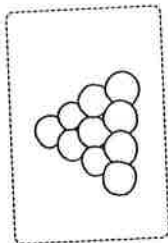
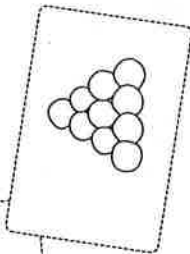
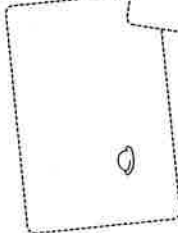
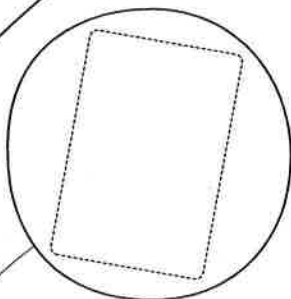
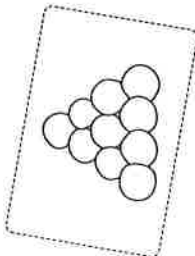
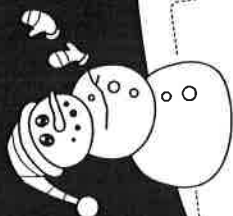
FREE ADMISSION!!

Parents & Children (no drop offs)

Snacks Provided

\*contact [rec@erving-ma.org](mailto:rec@erving-ma.org) for movie selection up to one week prior

# HOORAY FOR SNOW DAYS!



Paste in a flurry of Box Tops and earn cash for your school!

NAME \_\_\_\_\_

GRADE \_\_\_\_\_

TEACHER'S NAME \_\_\_\_\_