



EAGLE EXPRESS



Phone: 413 423-3326

Internet – <http://www.erving.com>



Wednesday, March 28th

No CNC Playgroup

Saturday, March 31st

Recreation Commission Annual Easter Egg Hunt
10:00am at the River Front Park

Wednesday, April 4th

All School Play
10am and 7pm in the gym

Wednesday, April 4th

No CNC Playgroup due to the Play

The Wizard of Galafree

A Synopsis of our All-School Play

“Four children, four stones, to set free the bones of the master, the Wizard of Galafree.” So goes the prophecy that sets the story of our play. It takes magic and imagination to get us to the land of Galafree, and it begins with four children having fun at a fair. Colleen, Jason, Gwen, and Will compare the small stuffed animals they have won (an owl, a bear, a snake, and a dog), enjoy a dance performance by the “Gallant Dancers of Galafree” (by the preschool) and then venture into the tent of a fortune teller. It’s a bit spooky, but the fortune teller reveals that they will have a great adventure

in a place called Galafree. The children are puzzled, but take the information in stride as they go

on a unique carousel that has rainbow unicorns instead of horses! (3rd grade) Before the ride begins, the children discover a medallion hanging around the neck of one of the unicorns, and when it is removed, the ride speeds up to a magical pace, whisking them off to the land of Galafree.

In this magic land, the toy animals they won have come alive, (2nd grade) to serve as their guides and helpers, and the unicorns reappear as living creatures. The head unicorns give the children more information about the prophecy and the quest it describes. They tell them that the land of Galafree is ruled by the Wizard of Galafree, but an evil force has turned the Wizard to stone and imprisoned him on a high mountain. To free him, four children must search the land for four magic stones to fit in the medallion. With all four stones in place, the children must fly on to a magic bird in the mountain, and place the medallion around the neck of the wizard. This will break the spell, and evil will be banished from the land. The unicorns send the children off with a gift, a magic song that has the power to lift despair.

The children proceed into an ominous wood. Jason accidentally trips over a stone, and when he picks it up, the trees come to life (4th grade), trapping Jason and demanding the return of the stone. Through a game of “Streets and Alleys”, the children trick the trees into releasing Jason. They quickly put the stone in the medallion, and the trees freeze! One stone found!

An elf appears with clues about the next stone, but a storm (1st grade) interrupts, and the children find themselves in a dark cave. A dragon lives in the cave, guarding a treasure, and although he at first frightens the children, he convinces them that he is really a unicorn, and has been bewitched. Through their kind efforts a second stone is found in the cave, the dragon is freed to return to his unicorn form, and the medallion is half-filled.

Suddenly, there are lights, music, and exuberant dancing (3rd grade), to introduce the game show “The Door of Fortune!”. With help from the audience and the applause-o-meter, the children choose the right door and are rewarded with the third stone.

As they continue on their way, they are surrounded by the “Crying Creatures”

(Kindergarten), who exhibit infinite sadness with their weeping and wailing. The children are taken with the plight of these sad beings, and decide to use the Unicorn's gift of song. As they sing to the creatures, the sadness lifts and joy is restored. In gratitude, the Creatures present the children with the stone they have been forced to guard. The fourth stone has been found!

Lovely music is heard, and a spectacular bird appears to carry the children to the high mountain. The medallion is duly placed around the neck of the Wizard, the prophecy is fulfilled, and the Wizard is returned to life. Celebration by all!



News from the Principal

Dear Families and Friends of Erving Elementary School,

Please join us for the All-School Play next Wednesday, April 4. Our students and staff have been working hard over the past four months in preparation. There will be two shows, one at 10am, and an evening performance at 7pm. Members of the PTO will be in the lobby area selling prize calendars in support of the school. Each calendar gives you the chance to win an exciting prize every day of the month. Even if you win on a certain day, your name goes back into the raffle for more chances to win! The first 4 winning numbers will be drawn during the evening performance of the play. I heard that there will be some additional bonus drawings as well. We would like to take this opportunity to thank a host of local businesses and people for their continued support. Grade 6 parents will be selling flowers and baked goodies in the lobby area.

Spring has certainly arrived! Baseball's Opening Day was Thursday, with the Red Sox playing at the Rays. Spring brings both the hockey and basketball playoffs to a critical point, with the Bruins and Celtics hoping to go all the way. With a little bit of that New England good fortune we could be in for some

difficult decisions, choosing which team we have to watch! A day watching all 3 teams win!!!

MCAS testing will begin on April 10. Starting this year, all students in grades 3 through 6 will be taking the MCAS English Language Arts and Math tests on computers. Grade 5 students will also take the Science, Technology and Engineering test. Testing runs through May 24th.

This weekend the festivals of Passover and Easter are celebrated. I hope that you get to spend some special time with your family and friends.

Jim Trill
Principal



Reminder: The Recreation Commission will be having the Annual Easter Egg Hunt this weekend at the River Front Park - 10 am.

the big MASSIVE raffle

The PTO will be drawing names at the 7pm showing of the All School Play. They will be drawing names for April 1st, 2nd, 3rd and 4th. As of today's date the raffle calendar has brought in over \$4,000.00 for the students at Erving. If you have not had time to buy a calendar you can still purchase one in the office at school.

After School Program



Hello from After School,

As the weather gets nicer please be sure that you are packing your students in clothing they can change as the weather changes. Our Easter Egg Hunt was quite fun. The students were having a blast exploring the structures outside looking for eggs. Our washcloth craft of making bunnies was a hit with the girls in the group. We talked about static electricity and did some experiments with balloons. The kids also worked to make fluffy slime. It did not turn out quite like we wanted but boy did they have fun mixing and making a mess. Cooking class of hot dog bites was a hit. I think Everett and Ethan could have eaten them all 😊 Looking into next week the students will be able to enjoy Glass Bead Sun catchers, cooking banana bread, build a bridge from cups and paper and Friday free day. Lego Robotics class will resume after the play is over. All hands on deck to ensure we have an amazing performance. I hope you all have a great holiday weekend and enjoy time with your families.

Michelle Fisher



SLIME



Welcome to Kindergarten!

Kindergartners celebrated the beginning of Spring (and the end of winter!) with some Spring -ing writing. They were asked to include an -ing word in their sentence. There was lots of playing, some riding, and even a bouncing! At this point in the school year, they are practicing their lowercase letters, writing on the lines, and incorporating some word rules they have learned, ex: silent e at the end of many one-syllable words.

In Spring



I LIKE INING COOPHERS

Name Cooper

In Spring



In spring I bre hi kenning

Name Anna

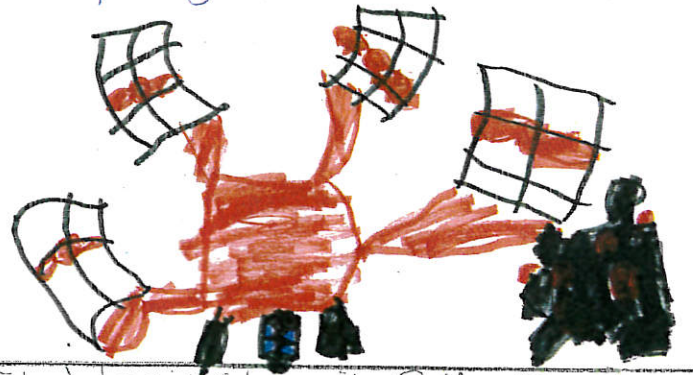
In Spring



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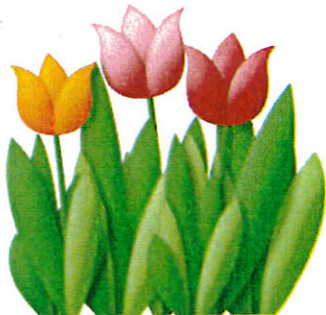
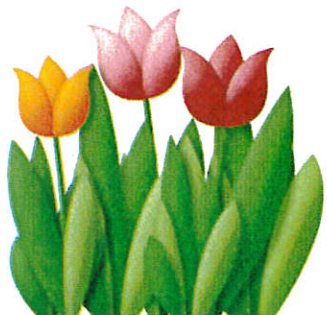
Name Zoie

In Spring



ILike ifLY inQM & DRONE

Name Westin





6th Grade Bake Sale &



Flower Sale Fundraiser

The 6th grade class will be having a bake sale and a flower sale during both viewings of the Erving Elementary All School Play. The money raised from this fundraiser will benefit the 6th grade students to help pay for their class trip to New York City this spring. Thank you to those who are able to make a donation to the 6th grade class! They truly appreciate the community support!!

Flowers will be sold for \$1.00 each, and you are able to purchase as many as you would like. What better way to make your student feel special than with a special flower after their terrific performance during the play? Baked goods will also be available for you to purchase.

If you are interested in making and donating something yummy to donate for the 6th grade students to sell, it would be appreciated. You can bring it in to the school and leave it with the office. Thanks!

**All School Play, April 4th
10 am and 7pm
Erving Elementary School**



Hope to see you all there!



REMINDER:

Erving Elementary School Presents:

The Wizard of Galafree
(All School Play)

Wednesday, April 4th 2018

10:00am & 7:00pm

Morning Performance

Doors to the gym will be open at 9:30am for families attending the morning performance. School is in session until that time so please plan on entering the building at 9:30am or later.

Evening Performance

Doors to the gym will be open at 6pm for families attending the evening performance.

Student Arrival (evening performance)

Grades 5 & 6 - students should arrive at school at 6pm and report to their classrooms. They will receive make-up instructions there.

Kindergarten - Grade 4 - students should arrive at school at 6:30pm and report to their classrooms. They should not arrive before 6:30pm because it's just too long to wait. If parents have two student arrival times, please keep your K-4 students with you until it is time for them to go to their classrooms.

Parents, please meet your child in his/her classroom when the evening performance is over.

Seating

Seating is always tight and is on a first come basis. No one will be allowed to save seats with the following exceptions: (1) the family of make-up volunteers may save one seat for the volunteer. (2) the family may save one seat for the driver who is parking their vehicle at the Bowling Alley.

Family members become very frustrated when blocks of chairs have signs and/or belongings on them. It's just not fair; we simply must insist on no saving seats. Thank you so much for your help. We all love our children and we're trying to make everything as enjoyable as possible.

Additional Parking

Thanks to Eric at the French King Entertainment Center, additional parking is available in the side lot.

Hope to see you there!!

April - Breakfast 2018

Alternative	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted cereal, fruit & milk	2 Breakfast muffin, cheese stick, fruit & milk	3 Pancakes, syrup, fruit & milk	4 Egg & cheese burrito w/salsa, fruit & milk	5 Waffles, syrup, fruit & milk	6 Peach smoothie w/graham crackers, fruit & milk
	9 Yogurt & graham crackers, fruit & milk	10 French toast sticks, syrup, fruit & milk	11 Sausage egg & cheese croissant, fruit & milk	12 Pancakes, syrup, fruit & milk	13 Strawberry/banana smoothie w/graham crackers, fruit & milk
	16 Spring Recess	17 Spring Recess	18 Spring Recess	19 Spring Recess	20 Spring Recess
	23 Bagel w/cream cheese, fruit & milk	24 Waffles, syrup, fruit & milk	25 Scrambled eggs & toast, fruit & milk	26 French toast sticks, syrup, fruit & milk	27 Blueberry smoothie w/graham crackers, fruit & milk
	30 Yogurt, apple slices, graham crackers & milk	May 1 Pancakes, syrup, fruit & milk	May 2 Breakfast muffin, cheese stick, fruit & milk	May 3 Waffles, syrup, fruit & milk	May 4 Berry smoothie w/graham crackers, fruit & milk

Breakfast is served with a choice of 1% or skim milk. Water is available during meal times, but must be taken in addition to the milk

According to the Food Research and Action Center students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness. Students who eat breakfast also show greater improvements in math scores, attendance, punctuality, depression, anxiety and hyperactivity than children who don't participate in a school breakfast program.

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April - Lunch 2018

Alternative	Monday	Tuesday	Wednesday	Thursday	Friday	Salad Bowl
Sun butter & jelly sandwich w/fruit & veg of the day & milk	2 Pasta w/meat sauce, seasoned broccoli, diced pears & milk	3 All beef hot dog on a roll, baked beans, pineapple & milk	4 Ham & cheese grinder served w/pickles, baby carrots, fruit cocktail & milk	5 Chicken patty on a roll, oven fries, mandarin oranges & milk	6 Pizza Friday - cheese or pepperoni, green beans, diced peaches & milk	Mandarin orange chicken salad w/chick peas, fruit & veg of the day & milk
	9 Chicken fajita w/sour cream, cheese, salsa, lettuce, mixed fruit & milk	10 Nachos with ground beef, corn & black bean salad, diced peaches & milk	11 Turkey, bacon & cheese croissant, sweet potato fries, fresh apple & milk	12 Hamb/cheeseburger on a roll, pickles, oven fries, mandarin oranges & milk	13 Pizza Friday - cheese or pepperoni, wax beans, diced pears & milk	Caesar salad w/bacon & chicken, kidney beans, fruit & veg of the day & milk
	16 Spring Recess	17 Spring Recess	18 Spring Recess	19 Spring Recess	20 Spring Recess	
	23 Chicken nuggets, rice, steamed broccoli, pineapple & milk	24 Soft beef taco w/sour cream, salsa, shredded, lettuce, three bean salad, orange wedges & milk	25 Garlic breadsticks w/sauce & cheese, yogurt, carrots, fresh apple & milk	26 Chicken & cheese quesadillas served w/sour cream, corn, diced peaches & milk	27 Pizza Friday - cheese or pepperoni, green beans, mandarin oranges & milk	Greek salad w/chicken & black olives, northern beans, fruit & veg of the day & milk
	30 Meatball sub w/cheese, seasoned broccoli, diced peaches & milk	1 All beef hot dog on a roll, baked beans, diced pears & milk	2 Chicken patty on a roll, sweet potato fries, fresh apple & milk	3 Boneless chicken, mashed potato & gravy, sliced bread, diced peaches & milk	4 Pizza Friday - cheese or pepperoni, wax beans, pineapple & milk	Fresh Romaine salad w/chicken & black beans, fruit & veg of the day & milk

All sandwiches are made using whole grain bread, salad is served with a whole grain breadstick & whole grain croutons. Each meal is served with a choice of 1% white, skim, 1% choc or fat free strawberry milk. Water is available during meal, but must be taken in addition to milk. All meals are subject to change without notice. All salads are served with a protein such as yogurt, meat/meat alternative, cheese or egg. Salad is made with romaine lettuce. \$.50 for milk w/home lunch

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Northampton Area Pediatrics, LLP PARENTING WORKSHOP

**When Worrying Takes Over:
Managing Anxiety in your Child or Teen
with Sharon Saline, Psy.D.
and Jonathan Schwab, M.D.**

We are seeing an increasing number of children who are experiencing anxiety. World or national events, school, family and friends, or numerous other stressors in their lives, can become overwhelming and have a significant effect on their abilities to move through their day. The current omnipresent media in our society might be contributing to or fueling our children's concerns and not offering appropriate coping skills. We want our families and patients to know that we are here to help, and that there are several things that can be done to manage these difficult feelings.

**Sunday, April 8th
4:00 p.m. to 5:30 p.m.
193 Locust St., Northampton**

Childcare can be provided but must be reserved.
RSVP by calling 413-517-2226 or email contactus@napeds.com

Parenting workshops are open to the community and free of charge.



CHILDREN AND ADULTS WITH
ATTENTION-DEFICIT/HYPERACTIVITY DISORDER

Valley ADHD Parent Support Group

CHADD CARES

CHADD works to improve the lives of people affected by ADHD through:

Collaborative
Leadership

Advocacy

Research

Education

Support

www.chadd.org

1st Monday of Every Month

next meeting:

Monday, April 2nd

6:30pm to 8pm

Northampton Area Pediatrics, LLP

193 Locust St., Northampton

Conference Room

Join other area parents and caregivers to...

- Receive ADHD information and support
- Be heard without being judged
- Hear how others cope with similar issues and challenges
- Learn about local resources for families
- Hear from area specialists on pertinent topics
- Learn new strategies to try at home
- Leave feeling empowered and hopeful

Questions? Please contact:

ValleyADHDFamilies@gmail.com

