EAGLE EXPRESS

Phone: 413 423-3326

Internet - http://www.erving.com

September

Thursday, September 29
All School Sing 2:30pm

Friday, September 30 Caterpillar Lab at EES

Saturday, October 1
Erving Recreation Commission Fall Festival
Veterans Field

Monday, October 10
No School – Columbus Day

Tuesday, October 11 PTO Meeting 6:15pm

Monday, October 17 100-Mile Club Kick-off 2:00pm

Tuesday, October 18
School Council Meeting 3:30pm
School Committee Meeting 7:00pm

Wednesday, October 19 Open House – 6:30pm - gym

School Pictures

New Date October 3

Unfortunately, due to unforeseen circumstances, picture day was cancelled. It has been rescheduled for October 3.

Please call the office if you have any questions.



News from the Principal's Desk:

Dear Families and Friends of Erving Elementary School,

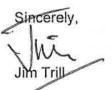
Last Friday, Lisa Bartlett-Nuttelman, Laura George, Ben Rubin, and I went to a workshop titled Leading Together 'Building Adult Community in Schools'. Our work was centered on addressing adult relational trust. Research indicates that a key variable in the success of a school is the degree of relational trust evident among the adults in that school. Our day was spent reflecting on the shared beliefs of respect, competence, personal regard for others, and integrity. We discussed the difficulties we face in order to create and sustain opportunities for ongoing, productive, and socially supportive interactions among all adults within our community. Over the coming months, our staff will have the opportunity to work with Chip Wood, facilitator of the Leading Together program throughout the Northeast. Chip is the co-founder of the Center School, and the Northeast Foundation for Children. The effort we all make will transform our school and improve outcomes for all of our students.

On the topic of building trust within a supportive community, children attending Erving Elementary School are taught to respect one another and to learn to work together regardless of their differences. Learning about sexual orientation and gender identity is part of that work. Creating a more tolerant, inclusive, and accepting school environment teaches all children to recognize and resist stereotypes. We teach children to stand up for others, to resist bullying, and to work together. Proactive education and training to help students and staff understand gender diversity more fully helps our school meet the legal obligations, while working to create a safer, more supportive learning environment for all students, staff and members of the Erving community. State and Federal regulations require that schools shall, through their curricula (programs) encourage respect for the human and civil rights of others. See, 603 CMT 26.05(1). During our staff professional development on Wednesday, the Department of

Education, in conjunction with UMass came to EES to present a workshop on sexual orientation and gender identity. Staff generated a number of questions during the 2-hour presentation. We covered topics that ranged from; how to respond to a child's questions, how to provide support for families, how to provide age-appropriate information within school libraries, how to review academic and non-academic policies. There were many powerful moments, coming together as a staff to learn and grow.

This week the Board of Selectmen held a public meeting at the school to discuss any questions in regard to the proposed walking/running track at Erving Elementary School. Following a tour of the proposed site, the Board sat down to address any public questions, review the project timeline, and the State and Federal laws/guidelines that are required to be followed. The Board voted to proceed with the project. It is wonderful news for all of our students, staff, and community. I hope to be able to announce the ribbon breaking ceremony sometime toward the end of November. With a bit of luck, we could be jogging off those extra pounds shortly after our Thanksgiving feast!

Take care and enjoy the lovely weather this weekend.



News from PTO:

The PTO would like to thank all of the Erving families and staff members that sold or bought mums! We sold a total of 237 mums and the PTO made about \$900.00

Thank you so much for helping us make this first PTO fundraiser such a huge success!! Your support for the PTO is greatly appreciated!! A big thanks to Renee Tela and Scott and Kerri Bastarache for helping sort the mums.

The PTO's next meeting will be held on Tuesday, October 11th. Dinner is at 5:45 pm and the meeting starts at 6:00 pm and ends at 8:00 pm!

News from After School:

Lots of exciting things are happening at After School as the year begins to take shape! We will be keeping a loose schedule of activities for the remainder of this month, as we begin to transition to a more structured schedule of fun and engaging activities and special programming starting next month.

Last year, a survey was sent home gauging the level of interest in a potential new program called Destination Imagination (DI). EES would like to bring DI to our students this year and would need one or more teams (as well as Team Managers to lead them). Attached to this newsletter, you will find an informational flyer on DI, as well as a DI Interest Survey that needs to be completed and returned to the school no later than Friday. September 30. THIS PROGRAM IS OPEN TO ALL EES STUDENTS AND THERE WILL BE AN INFORMATIONAL SESSION LATER THIS FALL PROVIDED THERE IS ENOUGH INTEREST. You can also visit https://www.destinationimagination.org/ for additional information.

After School is also looking to implement a fundamentally beneficial TUTORING program to assist students with academic needs as well as provide enrichment opportunities for students looking to go deeper into their studies. Also attached to this newsletter is a second survey once again gauging the interest level for this exiting new offering! The Tutoring Interest Survey also needs to be completed and returned to the school <u>no later than Friday</u>, <u>September 30</u>.

After School welcomes Collin Mailloux as the new After School Assistant. Collin is currently pursuing his bachelors degree in Elementary Education and Special Education at Fitchburg State. In his free time, he enjoys golfing and playing hockey. He really enjoys working with children (he has worked at the summer program for three years) and is looking forward to this school year!

Registration forms are still available, so sign your child(ren) up for After School today! Scholarship applications will be available by October 1 for those who qualify.

See you at After School!

October - Lunch 2016

| Alternative | Monday | Tuesday | Wednesday | Thursday | Frieley | Salad Bowl |
|---|---|--|--|--|--|--|
| Chicken salad sandwich or sun butter & jelly w/fruit & veg of the day & milk | Soft beef taco w/sour cream, salsa, shred cheese, lettuce, steamed broccoli, peaches & milk | Chicken patty, brown rice, corn & black bean salad, pineapple & milk | Hamburger- cheeseburger on wg roll, sweet potato fries, fresh apple & milk | Baked chicken breast w/mashed potato, sliced bread, fruit cocktail & milk | 7 Pizza Friday- Cheese or Pepperoni, green beans, diced pears & milk | Salad bowl w/hard cooked egg, cheese, kidney beans, fruit & veg of the day |
| Toasted cheese sandwich or sun butter & jelly w/fruit & veg of the day & milk | 10 Columbus Day No School | Nacho's w/ground beef & cheese, sour cream, three bean salad, pineapple & milk | Pasta & sauce w/cheese, steamed carrots, diced pears & milk | Chicken fajita, sour cream, salsa, shred cheese, lettuce, peas, banana & milk | 14 Pizza Friday- Cheese or Pepperoni, wax beans, diced peaches & milk | Greek salad w/ black beans, olives, fruit & veg of the day |
| Turkey & cheese sandwich or sun butter & jelly w/frutt & veg of the day & milk | Chicken Filet sandwich, steamed broccoli, fresh apple & milk | Toasted cheese sandwich, tomato soup, baby carrots & hummus, banana & milk | Meatball sub w/cheese, sweet potato fries, sliced peaches & milk | Chicken nuggets, oven fries, honey glazed carrots, fruit cocktail & milk | 21 Curriculum Day No School | Asian chicken salad w/sesame dressing, chick peas, fruit & veg of the day |
| Ham & cheese sandwich or sun butter & jelly w/fruit & veg of the day & milk | 24 Roasted chicken w/brown rice pilaf, steamed broccoli, applesauce & milk | 25 All beef hot dog on a wg roll, baked beans, diced peaches & milk | 26 Turkey & bacon wrap w/cheese, baby carrots, fresh apple & milk | Yogurt parfait w/ strawberries, granola, baby carrots, banana & milk | 28 Pizza Friday- Cheese or Pepperoni, green beans, diced pears & milk | Southwest salad w/ fajita chicken, black beans, corn, salsa, multi colored chips, fruit & veg of the day |
| Egg Salad sandwich or sun butter & jelly w/fruit & veg of the day & milk | 31 Meatballs in gravy over noodles, seasoned broccoll, diced pears & milk | Nov. 1 Pasta & meat sauce, three bean salad, diced peaches & milk | Nov. 2 Ham & cheese bagel melt, sweet potato fries, banana & milk | Salisbury steak w/mashed potato, sliced bread, fruit cocktail & milk | Nov. 4 Pizza Friday- Cheese or Pepperoni, celery sticks & dip, apple & milk | Chicken mandarin cranberry salad w/kldney beans, fruit & veg of the day |

All sandwiches are made using whole grain bread, salad is served with a whole grain breadstick & whole grain croutons. Each meal is served with a choice of 1% white, skim, 1% choc or fat free strawberry milk. Water is available during meal, but must be taken in addition to milk. All meals are subject to change without notice. All salads are served with a protein such as yogurt, meat/meat alternative, cheese or egg. Salad is made with romaine lettuce.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast 2016 October -

| Fildgy | Strawberry peach smoothie, glant gold fish crackers, fruit & milk | 14 Blueberry smoothie, graham crackers, fruit & milk | 21 Curiculum Day No School | 28 Vanilla smoothie, buttered toast, fruit & milk | Nov. 4 Strawberry banana smoothie graham crackers, fruit & milk |
|-------------|--|--|--|--|---|
| Thursday | 6 Bacon, egg & cheese muffin, fruit & milk | 13 Bagel w/cream cheese, fruit & milk | 20 Breakfast muffin, cheese stick, frutt & milk | 27 Bacon, egg & cheese on a bagel, fruit & milk | Nov. 3 Scrambled eggs & buttered toast, fruit & milk |
| Wednesday | 5 Banana, yogurt, graham crackers & milk | 12 Egg & cheese burito w/salsa, fruit & milk | Scrambled eggs w/buttered toast, fruit & milk | 26 Yogurt parfait w/fruit, graham crackers, fruit & milk | Nov. 2 English muffin w/butter, jelly, cheese stick, fruit & |
| Tuesday | Pancakes, syrup, turkey bacon, fruit & milk | 11 French toast sticks, syrup, turkey sausage, fruit & milk | 18 Breakfast bake, syrup, yogurt, fruit & milk | 25 French toast sticks, syrup, turkey sausage, fruit & milk | Nov. Pancakes, syrup, turkey bacon, fruit & milk |
| Monday | 8 Bagels w/cream cheese, fruit of the day & milk | 10 Columbus Day No School | 17 English muffin w/sun butter, fruit & milk | 24 Toast w/jelly, cheese stick, fruit & milk | 31 Bagel w/cream cheese, fruit & milk |
| Alternative | Mon – Fri Assorted cereal w/ fruit & milk, cheese stick or yogurt | | | | |

Breakfast is served with a choice of 1% or skim milk. Water is available during meal times, but must be taken in addition to the milk

test scores as well as decreased tardiness. Students who eat breakfast also show greater improvements in math scores, attendance, punctuality, depression, anxiety According to the Food Research and Action Center students who participate in school breakfast show improved attendance, behavior, standardized achievement and hyperactivity than children who don't participate in a school breakfast program.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Erving Elementary School After School Program

| Dear Pa | arents, |
|---------|---|
| As we | ook to grow and expand the After School program and offerings, we need your help. |
| Please | complete the brief survey below and return to the front office by Friday, September 30, 2016. |
| Even if | your child is not currently enrolled in After School, your feedback is important. |
| Thank | you! |
| • | nie Mitchell chool Director |
| Tuto | ring Interest Survey |
| 1. Plea | se select which subject(s) you and/or your child would be interested in: |
| | Reading Math |
| 2. Wh | at time frame would you prefer? |
| | 3:30-4:30 pm 4:00-5:00 pm 4:30-5:30 pm |
| 3. Wh | ich days of the week are best? |
| | Monday Tuesday Wednesday Thursday Friday |
| 4. Ple | ase provide any additional feedback you would like to include at this time: |
| | |

Please return completed survey to the Front Office by Friday, September 30, 2016.

Thank you!!

Last year's wonderful first graders, now second graders, had a delightful surprise last week. This group was very fortunate to do some work in the school vegetable garden with Mr. Rubin & Mrs. Black. They also celebrated our harvest, and that of other local farms and orchards, on Food Fridays when they cooked and sampled a wide variety of fresh food.

At the end of the season Mrs. Black's daughter Katie shared some seed garlic from her farm in Vermont. Late in the fall the first graders amended the garden soil with compost and carefully poked garlic cloves into two rows at the end of the garden. When Mrs. Black harvested the garlic in late July, she was amazed at the beautiful bulbs.

Mrs. Black had an idea. She took some of the best garlic bulbs to show at the Roundhouse at the Franklin County Fair. Hooray!!! The first grade garlic won third prize with a beautiful ribbon and small cash prize!

Mrs. Black met with the class to share the good news. They were so excited! The students were all sent home with a garlic bulb. The garlic, ribbon, and check will be on display in the second grade.

Congratulations to these budding gardeners! We also thank Mrs. Ososky for coordinating the maintenance of the school gardens.





Communities that Care

COALITION

FOR IMMEDIATE RELEASE September 12, 2016

Contact: Kat Allen Communities That Care Coalition

Office: (413) 774-3167 x119

Cell: (413) 320-7944 kallen@frcog.org

Monday, September 26th is Family Day

Greenfield, MA. – Monday, September 26th, 2016 is *Family Day*, and *t*he Communities That Care Coalition is encouraging families to celebrate by spending quality time together as a family. *Family Day* is a national movement, launched by Columbia University's Center on Addiction and Substance Abuse (CASA) to celebrate parental engagement as an effective tool to help keep kids substance-free, healthy and happy.

The Coalition's Parent Education Workgroup has celebrated *Family Day* and the importance of family time for the last decade. Family Day is an event that happens in dining rooms and kitchens everywhere, but locally there will be educational efforts including resource tables at Community Action's Family Center and WIC office.

Spending time together regularly helps kids feel connected to their families. This feeling of connectedness is a "super-protective factor" that helps kids avoid risky behaviors and promotes their healthy development. *Family Day* helps remind busy families of the invaluable role that parental involvement plays in young people's lives.

Research shows that the more often children eat dinner with their families, the less likely they are to smoke, drink or use drugs, report symptoms of depression and

develop an eating disorder. In addition, family dinners are a powerful vocabulary booster and children who have regular family dinners are more likely to perform well in school.

This year's Youth Health Survey shows that most local young people (58%) have dinner with their families most nights of the week. And more than 9 out of 10 said that they enjoy spending time with one or both of their parents!



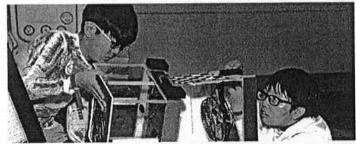
For more information about national *Family Day* visit <u>www.CASAFamilyDay.org</u>. For wonderful family dinner resources visit <u>www.thefamilydinnerproject.org</u>. For more information about the Communities That Care Coalition of Franklin County and the North Quabbin visit <u>www.communitiesthatcarecoalition.org</u>.

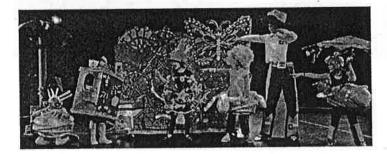


IF YOUR CHILD IS CREATIVE...

is crazy about puzzles, loves to paint and draw, can build anything out of cardboard boxes, writes amazing stories, thinks up whimsical new worlds, has a flair for drama and acting, is totally into science, or has rewired your toaster into a working time machine (or wants to), then you may have a Destination Imagination child.









WHAT IS DESTINATION IMAGINATION?

Destination Imagination (DI) is an international, educational program that gives kids an amazing outlet for their creativity, while teaching them leadership, teamwork, positive thinking, project management and so much more. Teams of 2 to 7 kids from 3rd grade through university level solve one of six openended Challenges (Scientific, Structural, Fine Arts, Service Learning, Improvisation, or Technical) in their own unique ways, and present their solutions at Regional Tournaments in late February or early March. Teams also solve an on-the-spot Instant Challenge at the tournaments, where they must think quickly on their feet and work together to solve a problem in around five minutes. There's even a noncompetitive Rising Stars! category with a special Challenge for K-2nd grade. Winners advance to the Affiliate (state/country) Tournament, and winners at the Affiliate Tournament move on to Global Finals to compete against more than 1,400 teams from around the world.

WHY SHOULD MY CHILD BE INVOLVED IN DESTINATION IMAGINATION?

Teams involved in DI learn higher order thinking and learn to excel in creative and critical thinking, collaborative problem solving, and project management. Students who have participated in Destination Imagination say they believe participation helped them improve their grades and do better in school, improved their self-confidence, helped them become better communicators, enhanced their respect for others, and improved their creativity and problem solving skills.







WHO PARTICIPATES IN DESTINATION?

Each year, 150,000 students worldwide participate in Destination Imagination. Founded in 1982, Destination Imagination has impacted more than 1.5 million alumni in 48 U.S. states and 50 countries. Many of those same DI participants are now making the world a better place through various STEM and fine arts career fields. Famous alumni include actor Zac Efron (High School Musical), author and actor Chris Colfer (Glee), Olympic gold medalist Maelle Ricker, and engineer Simon Dodd. Haven't heard of him? Simon Dodd is an M.I.T. graduate who holds 26 patents and volunteers as Team Manager for his son's DI team!

HOW MUCH WILL IT COST AND WHAT IS THE TIME COMMITMENT?

The cost of registering a team is low—only \$95 for one team, and \$80 for any additional teams. Rising Stars! teams are only \$60. Some schools and PTOs may cover this cost. Teams meet at their own convenience with an adult volunteer (parent/faculty) Team Manager, making it easy to work around other activities. (Team Managers are given a Roadmap resource to guide them as they lead the team and have great support from other Team Managers and local DI officials.) Teams usually meet through the winter months for about an hour and a half each week, with time commitment increasing for extra practice and preparation time as they draw closer to tournament, much like other competitive teams.

Destination Imagination Interest Survey

Please return by September 30, 2016

Destination Imagination is a creative, problem-solving program. Throughout the school year, teams of 5-7 kids work on a solution to a challenge problem and then compete against other schools in March. Each team selects a challenge in one of the focal areas: technical, scientific, fine arts, improvisational, and service learning. Each challenge is open-ended and enables students to learn and experience the creative process from imagination to innovation while fostering their creativity, courage, and curiosity. In the March tournament, teams present their solution to the challenge problem and get an instant challenge, which, as the name implies, is a problem that is not known in advance and is solved on the spot. See attached brochure or visit the website (http://www.destinationimagination.org/) for more information.

EES is looking into having one or more Destination Imagination teams in the 2016-17 school year. The teams can be mixed age, although there are different age divisions: rising stars (preschool to 2nd grade), elementary level (kindergarten to 5th grade), and middle level (6th to 8th grade). Team meetings would be outside of school, approximately 1.5 hours/week in the fall, with more frequent and longer meetings as competition approaches. Each team would need at least one volunteer adult Team Manager.

Are you interested in learning more about Destination Imagination? We are planning on holding an information session in the Fall, but want to first determine the level of interest. Please tear off the

survey below and return to school by Friday, September 30th. Alternatively, you can email Stephanie Mitchell at mitchell@erving.com to express your interest. Email: ____ Interested in attending an information session in late Fall Evening availability (check all that apply) 7pm 5:30pm 6pm Monday Tuesday Wednesday Thursday Friday _ Interested in potentially having my child participate in 2016-17 Current Grade: Child's Name: _____ Interested in potentially being a Team Manager or assisting in 2016-17

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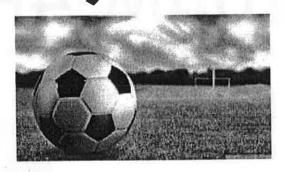
Erving Recreation Commission Presents...

New England Revolution vs. Montreal Impact



Sunday, October 23, 2017
Only \$30!!





Join us for an exciting day to Gillette Stadium in Foxborough, MA for a Major League Soccer Game. New England Revolution vs. Montreal Impact!!

Game time at 4:00 pm.

We will depart the Erving Elementary School at 1:00pm and returning to Erving at approximately 8:30 pm.

We look forward to traveling with you!

Erving Recreation Commission





Working together for you.

To reserve your seat(s) on this outstanding day trip...

email: rec@erving-ma.org or drop off a check with your contact information at the Erving Town Hall or Erving Elementary drop boxes.

FRYTNG RECREATION COMMISSION

FALL FESTIVAL

OCTOBER 1st 10AM-4PM PUMPKINDAY

(raindate October 2nd)

BOUNCE glitter balloon art

baked goods popcorr



Vets Field • Moore St. find us on FACEBOOK for updates and attraction times

FRANKLIN COUNTY DIAPER BANK LOW ON FUNDS — and DIAPERS! Diapers are a Basic Need; Not a Luxury

...help a friend

The Diaper Bank run by the Franklin County Resource Network Diaper Task Force serves all of Franklin County and the North Quabbin area and provides free diapers to families in times of financial struggles. We are running low on funds to purchase diapers to replenish our supply. The number of families using the our distribution sites is on the increase. We encourage people to donate funds in any amount since this allows us to buy diapers in the sizes most needed. However, real diapers are greatly appreciated in sizes 4-6.

We need your help!! Here is what you can do......

- Go to our Community Action <u>website</u> for handouts, information, flyers, ideas, facts about diapers, donor information form, etc.
- www.communityaction.us and link to "Ways to Give"
- Online donations are easy!! or you can write a check.
- <u>Contact</u> your co-workers, friends, neighbors, organizations you belong to, local businesses, neighborhood stores, etc. and encourage them to donate.
- Tell them about the Diaper Bank and the importance of diapers and how they too can help with their donations.
- Consider putting out a diaper collection box or a donation jar where you work or in your church/place of worship, or other locations.

We want to make the entire Franklin Community aware of the need for diapers and their importance for child health and development, reducing family stress and improving mental health. "Changing Diapers Changes Lives".

Please help in one of these ways to help raise funds and collect diapers. We are depending on the entire Community. Every diaper and dollar helps. Our young children and their families send their thanks!

For more information about diapers and how you can help, contact: Judith Weinthaler, Coordinator of Task Force jweinthaler@gmail.com; 413-548-5469 Leverett

If you have diapers to donate you can also contact Gillian Budine, Union #28 Community Network for Children Program, for pick-up or drop-off location. <u>Budine@erving.com</u> or 978-544-5157.

Franklin County DIAPER TASK FORCE



A project of The Franklin County Resource Network; sponsored by Community Action!

When families struggle financially, their babies may fall into

"The Diaper Gap"



Having enough diapers means a child can go to childcare and parents can go to school and work.

You can help **close** the Diaper Gap.

FINANCIAL GIFTS

With your financial donation, we can purchase diapers in bulk.

DONATE DIAPERS

Bring diapers to a Diaper Drop-Off location.

To make a **financial contribution**, to find a **drop-off location**, or to **learn more about The Diaper Gap**, visit our website:

www.communityaction.us

Link to "Ways to Give"



Changing Diapers Changes Lives